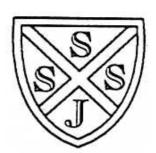
SHARMANS CROSS JUNIOR SCHOOL



New Club Invitation - Fit For Life - Healthy Bodies, Healthy Minds

Dear Parent/Guardian,

We are very excited to announce that we have a new club starting this term that will run for 12 weeks. Healthy Bodies, Healthy Minds club (part of the fit for life initiative) will give the children an opportunity to learn new skills whilst keeping fit in the process.

They will learn more about how to work in a team and create their own achievable targets in many fun packed activities! It has been shown that being healthy can boost energy levels, wellbeing and improve a child's performance at school. Your child has been selected to take part and we very much look forward to seeing them there!

The club will run each Tuesday between $3:30-4.30 \, \mathrm{pm}$ in the Sports Hall and will start Thursday 16^{th} January.

Thursday 16" January.		
Please complete and return the slip b	pelow to Mrs Snowden.	
Yours Sincerely,		
Mrs Snowden (P.E. Co-ordinator)		
	b - FAO Mrs Snowden - Y5	
I give permission for my child Healthy Bodies, Healthy Minds club	in cla b, each Tuesday between 3:30 - 4.30	ass to attend Opm.
Please tick the appropriate box:		
I shall collect my child from the main	n entrance at 4:30pm.	
My child will need to go to Swallows	at the end of the session.	
Signed:	(Parent/Guardian)	